

## **BRAND NEW 2011**

# **CORE MENTOR AND MATCH ANALYSIS GOALKEEPER PROGRAM.**



### **Program Outline:**

Chris Sharpe has developed a brand new program for goalkeepers of all ages and abilities, to identify each goalkeepers “Strengths and Weaknesses”, during match/game and pressure situations.

### **Mentor Outline:**

Young goalkeepers on their match/game days can look to their Core Goalkeeper Coach for inspiration, advice, confidence, general playing and game situation knowledge, with confidence in knowing that they are there watching and analyzing their game.

### **Match Analysis Outline:**

Coaches can see what areas need to be worked on in training for each specific goalkeeper, and what areas each specific goalkeeper is comfortable in. With this we, will form age specific data, for all individuals, camps, small groups and private sessions, based on which areas are in need of the most work at every age group.

## **HOW IT WORKS:**

- Parent / Goalkeeper will contact the Core Goalkeeper Academy Coach they want to come and watch their son/daughter play.
- Goalkeeper Coach and Parent / Goalkeeper will find a game the suits both Goalkeeper and Coach for analyzing.
- Coach will sit and watch the individual goalkeeper's game.
- **(IF PARENT DOES NOT WISH FOR THEIR GOALKEEPER TO KNOW THAT A GOALKEEPER COACH IS COMING TO ANALYZE THEM, WE CAN ALSO ARRANGE THIS.)**
- Coach will watch full game and analyze on the Goalkeeper Specific Analysis sheets.
- Parent / Goalkeeper will have a choice of meeting with coach post game to discuss their analysis sheet OR arrange to meet at the next Core Goalkeeper training session to discuss analysis. (Meeting should take no more than 10 minutes and a copy of analysis sheet will be given to the goalkeeper.)
- From the second time onwards a parent / goalkeeper wants a match analysis, a comparison will also be given on the individual goalkeeper on all previous analyses, to look at their progress.
- Individual strengths and weaknesses will be identified and worked on at training as well as polishing the strengths of each goalkeeper.

## **METHOD OF MATCH ANALYSIS:**

### **Evaluation Sheet Categories:**

1. Communication. (Organization, calling for ball.)
2. Starting Positions.
3. Distribution. (Goal kicks, Punts, Throws).
4. Shot Stopping.
5. Crosses and High Balls. (Catching / Punching.)
6. 1 v 1 / Breakaway's.
7. Presence / Confidence.

### **Analysis Sheet Extras:**

- Notes on each category above.
- Overall match comments from coach.
- Focus for training notes.
- Progressive overall, game day score given on a scale of 1-5

### **Scoring and Progress Scale:**

All scoring and scaling is attributed to age specific only. This means comparing each individual goalkeeper to all goalkeepers in the state, at the same age.

### **SCALE of 1-5 Scoring.**

- 1) Poor Performance: in-consistent and un-enthusiastic. A lot of work needed in all areas.
- 2) Below Average Performance: More weaknesses than strengths.
- 3) Average Performance: Solid performance. Goalkeeper has both strengths and weaknesses that can be worked on.
- 4) Above Average Performance: More strengths than weaknesses.
- 5) Excellent Performance: Solid and consistent in all areas. Time to polish up everything to keep those performances happening week in and out.

**CORE GOALKEEPER ACADEMY MENTOR AND MATCH ANALYSIS COACHES**  
**LIST.**

1. **Chris Sharpe:** Director and Head Coach Core Goalkeeper Academy.  
**Areas of Match Analysis:** Denver / Fort Collins / Boulder.  
**Cost:** \$85 per match.  
**Contact:** [chris@coresoccer.com](mailto:chris@coresoccer.com)
  
2. **Andrew Current:** Assistant Director of Coaching Denver and Boulder.  
**Areas of Match Analysis:** Denver (North & South) / Boulder.  
**Cost:** \$65 per match.  
**Contact:** [enfuego12@hotmail.com](mailto:enfuego12@hotmail.com)
  
3. **Philip Jackson:** - Assistant Director of Coaching Northern Colorado and Denver  
**Areas of Match Analysis:** Fort Collins / Denver (North & South) / Boulder.  
**Cost:** \$65 per match.  
**Contact:** [bluethunder\\_pj@hotmail.com](mailto:bluethunder_pj@hotmail.com)
  
4. **Brent McKim:** Staff Coach for all of Northern Colorado.  
**Areas of Match Analysis:** Fort Collins / Greeley / Loveland / Longmont.  
**Cost:** \$60 per match.  
**Contact:** [naturevagabond@hotmail.com](mailto:naturevagabond@hotmail.com)

