



Core Soccer Academy

Core Soccer Academy's Winter Speed and Agility Camp 2011/12

This camp provides an exciting and fun training opportunity for soccer players who want to become better at the game of soccer. Core Soccer is Colorado's premier training academy and has helped players of all abilities improve and love the game of soccer. Core's professional soccer coaches have a structured curriculum that maximizes what players learn in a personalized environment. The drills will take players to the next level and the tactical instruction encourages players to use the right skill at the right time in the game. Players return season after season to Core Soccer Academy Camps because of the success they experience on the field when they return to their teams.

Send the registration form by fax or mail to Core Soccer Academy and get your player registered today!

This camp will be held at Arapahoe Sports Center. **On the Mini field.**
7300 South Fraser Street, Centennial, CO. 80112-4296

Technical Topics Covered

- Week 1** - Ball mastery, agility, foot work, & speed drills. Passing and receiving drills. Controlling the ball with different parts of the body. First touch to open space.
- Week 2** - Skill moves to beat a player (scissor, side step, inside outside, step over ect.), Hesitation Moves. Turning with the ball. Players will grow confidence on how to attack defenders.
- Week 3** - Correct techniques of defending (correct body shape), tackling (block and poke tackle), and containing. Players will improve and better develop their defensive techniques.
- Week 4** - Shooting with correct technique and power. Facing goal, back to goal, skill to beat a player and shoot, and combining to get a shot off.
- Week 5** - 1v1, 2v2 attacking and defending. Attacking and defending tactics in small number situations.

Core Soccer has a detailed curriculum that covers specific topics as the camp progresses along.

Coaching Staff

Craig Deacon

Owner and Director of coaching
NSCAA Premier Diploma
F.A coaching license (England)
Head coach W-League Fort Collins Women's Force team 05-10
Fort Collins Lightning (Professional Indoor Soccer League) 2008-09
Played at Barnsley F.C for 4 years

Philip Cooper

Asst. Director of coaching Core Soccer
NSCAA Premier Diploma
English P.F.A. coaching license
Fort Collins Fury 08-10 (Arena Indoor Soccer National Champions 2010)
Saint Gregory's University Player 97-01
Assistant Women's Coach at Northwestern Oklahoma State University

Josh Hill

Saint Gregory's University 99-02
5 Year Core Soccer trainer
Professional indoor player DFW Tornados 05-07
Assistant Coach Dallas International School 07-08



Winter Camp Details:
Session 1

Camp cost: Cost \$90 for 5 weeks, 5 sessions

Age group times :

Tuesdays: Camp 1: Tuesdays - 4:00-5:00pm U5-U6
Camp 2: Tuesdays - 5:00-6:00pm U7
Dates: Nov 8th, 15th, 29th, Dec 6th, 13th

Thursdays: Camp 3: Thursdays - 4:00-5:00pm U8-U9
Camp 4: Thursdays - 5:00-6:00pm U10
Dates: Nov 10th, 17th, Dec 1st, 8th, 15th

Registration Deadline: November 1st 2011

Winter Camp Details:
Session 2

Camp cost: Cost \$90 for 5 weeks, 5 sessions

Age group times :

Tuesdays: Camp 5: Tuesdays - 4:00-5:00pm U5-U6
Camp 6: Tuesdays - 5:00-6:00pm U7
Dates: Jan 10th, 17th, 24th, 31st, Feb 7th

Thursdays: Camp 7: Thursdays - 4:00-5:00pm U8-U9
Camp 8: Thursdays - 5:00-6:00pm U10
Dates: Jan 12th, 19th, 26th, Feb 2nd, 9th

Registration Deadline: January 1st 2012

2011-2012 Winter camp registration - Arapahoe Sports Center

Name _____ Team _____

Age: _____ DOB: _____ Gender: M/F Primary Phone: _____

Address: _____

City: _____ Zip: _____

Parent/Guardian Name: _____

Emergency Phone: _____ Email _____

T-Shirt Size: YM___ YL___ YXL___ AS___ AM___

Winter Camp - Arapahoe— Camp (Circle) 1 2 3 4 5 6 7 8

Payment Check# _____

Credit Card # _____ Exp. Date: _____

Name on Card: _____ Signature: _____

Parents Release for Medical Treatment — My child has my permission to play soccer. On my child's behalf, I hereby release persons with Core Soccer of liability for injury from risks normally associated with playing or watching soccer. I authorize the coaches or training officials to obtain medical attention for my child in case of any emergency if unable to reach the physician state below., and I release them from any responsibility for such medical attention.

Parent/Guardian signature: _____ Name of Physician _____

Phone: _____ Please list any known Allergies, Disabilities or Medical Problems: _____

Mail to: Core Soccer Academy, 1502 Tang Ct, Fort Collins, CO, 80526
Phone 970-207-1886 Fax: 970-207-1486

Core Soccer's cancelation & missed sessions policy

1. If a session is cancelled due to inclement weather then it will be rescheduled at a later date.
2. There's a \$40 non-refundable deposit if you decide to pull out of the camp.
3. Refunds will be given for injuries and illness.
4. If your child misses a session due to another conflict, that session will not be made up.